

05.19.2020



Summer Packet Local and National Resources

The resources below are for informational purposes only. I do not endorse or require anyone to seek help from the following resources.

If someone requires help right away because of an injury or an immediate danger, call 911.

Local Resources

Northampton County Department of Social Services

Address: 9588 NC Hwy 305, Jackson, NC 27845

Phone: 252-534-5811

Food Bank of the Albemarle

Address: 109 Tidewater Way, Elizabeth City, NC 27909

Phone: 252-335-4035

Mobile food pantries visit the area to provide hunger relief. Current sites include the Northampton County Cultural and Wellness Center in Jackson, the Choanoke Area Development Association (CADA) building in Rich Square, and the Jackson United Methodist Church in Jackson. Check the following website for specific days and times:

<https://afoodbank.org/get-help/mobile-food-pantries/>

Roanoke Chowan S.A.F.E

24-hours Phone: 252-332-1933

Roanoke Chowan S.A.F.E is an organization whose mission is to provide support, education and direct services to victims of domestic violence and sexual assault.

Trillium Health Resources

24-hour access to care phone: 1.877.685.2415

The agency caters to eastern North Carolinians with mental health conditions, intellectual/developmental disabilities, and substance use disorders. A Trillium call center agent can help determine the type of services you need and connect you with a local provider of your choice. Mobile Crisis Team services are also available.

National Resources

National Alliance on Mental Illness (NAMI) Helpline

1-800-950-NAMI (6264) Monday through Friday, 10 am-6 pm, ET.

Substance Abuse and Mental Health Services Administration (SAMHSA) Helpline

1-800-662-HELP (4357) 24/7, 365-day-a-year.

National Suicide Prevention Lifeline

1-800-273-TALK (8255) 24/7.